

## **Preparation**

In the name of the Father, and of the Son, and of the Holy Spirit.

**All Amen.**

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your light springs up for the righteous.

**All and all the peoples have seen your glory.**

*This opening prayer is said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and forever.

**All Amen.**

# The Word of God

## **Psalmody**

*The appointed psalm(s) are said or chanted. Each psalm ends with:*

**All Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be forever.  
Amen.**

## **First Reading**

### **Canticle**

*Refrain:*

**All I have given you as a light to the nations,  
and I have called you in righteousness.**

- 1 Thus says God, who created the heavens, ♦  
who fashioned the earth and all that dwells in it;
- 2 Who gives breath to the people upon it ♦  
and spirit to those who walk in it,
- 3 'I am the Lord and I have called you in righteousness, ♦  
I have taken you by the hand and kept you;
- 4 'I have given you as a covenant to the people, ♦  
a light to the nations, to open the eyes that are blind,
- 5 'To bring out the captives from the dungeon, ♦  
from the prison, those who sit in darkness.

6 'I am the Lord, that is my name; ♦  
my glory I give to no other.'

*Isaiah 42.5-8a*

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be forever.  
Amen.**

**All** **I have given you as a light to the nations,  
and I have called you in righteousness.**

## **Second Reading**

### **Responsory**

O worship the Lord in the beauty of holiness;

**All** **let the whole earth tremble before him.**

Tell it out among the nations that the Lord is King.

**All** **O worship the Lord in the beauty of holiness.**

Tell out his salvation from day to day.

**All** **Let the whole earth tremble before him.**

Declare his glory among the nations and his wonders among all peoples.


**All** **O worship the Lord in the beauty of holiness;  
let the whole earth tremble before him.**

*from Psalm 96*

*Refrain:*

**All This is the Christ, the Chosen of God,  
the one who will bring healing to the nations**

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death,   
and to guide our feet into the way of peace.

*Luke 1.68-79*

**All** **Glory to the Father and to the Son and to the Holy Spirit;**  
**as it was in the beginning is now**  
**and shall be forever.**  
**Amen.**

**All** **This is the Christ, the Chosen of God,**  
**the one who will bring healing to the nations**

## **Prayers**

That this day may be holy, good and joyful:

**All** **we pray to you, O Lord.**

That we may offer to you our worship and our work:

**All** **we pray to you, O Lord.**

That we may strive for the well-being of all creation:

**All** **we pray to you, O Lord.**

That in the pleasures and pains of life,  
we may know the love of Christ and be thankful:

**All** **we pray to you, O Lord.**

That we may be bound together by your Holy Spirit,  
in communion with the Mary, the mother of Jesus, St. Peter, St. Mary Magdalene  
and all your saints, entrusting one another and all our life to Christ:

**All** **we pray to you, O Lord.**

Let us commend ourselves, and all for whom we pray,  
to the mercy and protection of God.

*Open prayer may be offered and silence is kept.*

*A Morning Prayer (adapted) of the Elders of Optina Pustyn Monastery,  
Kozelsk, Russia may be said:*

**All** Lord, grant that I may meet the coming day with spiritual tranquility.  
Grant that in all things I may rely upon your holy will.  
In each hour of the day,  
reveal your will to me.  
Whatever news may reach me this day,  
help me to accept it with a calm soul,  
knowing that all is subject to your holy will.  
Direct my thoughts and feelings in all my words and actions.  
In all unexpected occurrences,  
do not let me forget that you are with me at all times.  
Grant that I may be compassionate with every member of my family  
and all who are in my care,  
neither embarrassing nor saddening anyone.  
Give me the strength to bear the fatigue of the coming day  
with all that it shall bring.  
Direct my will and teach me to pray, to believe, to hope,  
to be patient, to forgive, and to love.  
**Amen.**

## ***The Collect***

*The Collect of the Day is prayed and all respond: **Amen.***

## ***The Lord's Prayer***

Believing the promises of God,  
let us pray with confidence as our Saviour has taught us

***All***    **Our Father,**  
    **who art in heaven, hallowed be thy name;**  
    **thy kingdom come; thy will be done;**  
    **on earth as it is in heaven.**  
    **Give us this day our daily bread.**  
    **And forgive us our trespasses,**  
    **as we forgive those who trespass against us.**  
    **And lead us not into temptation; but deliver us from evil.**  
    **For thine is the kingdom, the power, and the glory**  
    **forever and ever.**  
    **Amen.**

## **The Conclusion**

May Christ, who sends us to the nations, give us the power of his Spirit.

***A priest adds:***

[And the blessing of God, Father, Son and Holy Spirit be with you  
And remain with you always.]

***All***    **Amen.**

Let us bless the Lord.

***All***    **Thanks be to God.**